

Compliance of *From Farm To Table – Canada* popcorn products with New Brunswick Department of Education and Early Childhood Development Policy 711

Nutrition facts for [From Farm To Table – Canada popcorn products](#) have been assessed according to the applicable nutrition criteria¹ in New Brunswick's Department of Education and Early Childhood Development Policy 711: Healthier Foods and Nutrition in Public Schools.²

Food Category – Snack-type items Moderate Nutritional Value (2 times per week)
Serving size = per vended package Fat – less than 30% calories from fat Saturated & Trans Fat (combined) – less than 2 grams Sodium – less than 300 mg Sugar – Not listed as 1st ingredient

Assessment of *From Farm To Table – Canada* popcorn products (per 23g serving size)

Flavour	Nutrient Content						Meets Moderate Nutritional Value Criteria
	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g) + Trans Fat (g)	Sodium (mg)	Sugar is first ingredient	
White Cheddar	70	1.5	19%	0	65	No	Yes
Dill Pickle	80	1.5	17%	0	200	No	Yes
Kettle Corn	80	1.5	17%	0	115	No	Yes
Light Butter & Salt	70	1	13%	0	160	No	Yes

Assessment performed by:

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¹ New Brunswick Department of Education. Policy 711, Appendix A: Healthier Eating and Nutrition in School Food Categories. Available at: <http://www.gnb.ca/0000/pol/e/711A.pdf>.

² New Brunswick Department of Education. Policy 711: Healthier Foods and Nutrition in Public Schools, March 17, 2008. Available at: <http://www.gnb.ca/0000/pol/e/711A.pdf>.